



New Response Strategy

Help once they are calm



Barton Lab

bartonlabvu@gmail.com

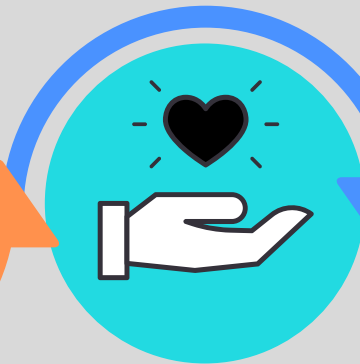
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When your child engages in challenging behavior to get help from you, wait until they are calm and no longer engaging in challenging behavior before you give help!

During challenging behavior, provide minimal attention (no reprimands or directions!)



Once they've started calming down, provide positive descriptive feedback about your child being calm.



"I see you taking some deep breaths to calm down - that's great! I'm so proud!"

Provide positive descriptive feedback when your child completes the activity/routine.



When you're blocking behavior, avoid speaking to or looking at your child to minimize attention.

Ensure your child is safe by blocking harmful behavior. Clear nearby objects that might be harmful.

Use the least amount of prompting needed to help your child complete the task.

"Wow! You put on your pajamas! That was awesome!"

For more information about responding to your child's challenging behaviors, [click here](#).

