



IES Grant #
R324A160086

Making a Visual Daily Schedule



VANDERBILT
UNIVERSITY

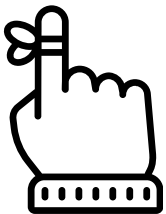
Barton Lab
bartonlabvu@gmail.com

Visual schedules let your child know when activities or routines will happen and what to expect throughout the day.

First, we are going to eat breakfast, then brush teeth, then play outside."

For visual schedules to be effective, you will need to teach your child what each part of the schedule means. You can do this by referring to the schedule as you explain it.

If there will be a change in the child's normal schedule, let them know BEFORE it is time for that change.



Remind your child of the visual schedule frequently (ex: before each new activity) until they begin to learn the order of routines and activities.

Remember, bath after dinner.



See the next pages for instructions on creating your own visual schedule.





IES Grant #
R324A160086

Making a Visual Daily Schedule



VANDERBILT
UNIVERSITY

Barton Lab
bartonlabvu@gmail.com

Making your own visual schedule for the day is as easy as 1-2-3...

1

Cut out the relevant activities and routines provided below and place them in the space on the right of the "My Day" page (p.2) using Velcro.

2

Identify images that go with the activity/routine to help your child understand the schedule and place these in the square on the left.

3

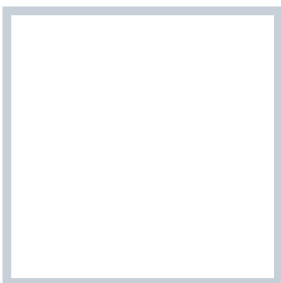
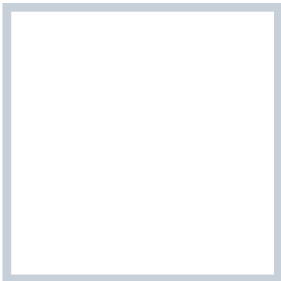
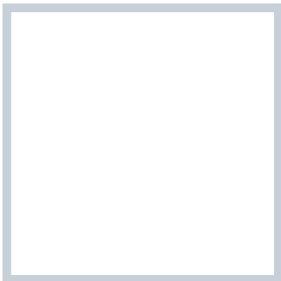
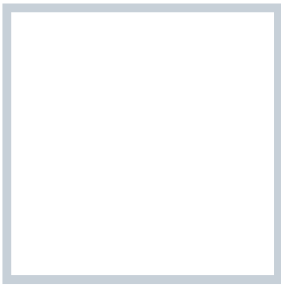
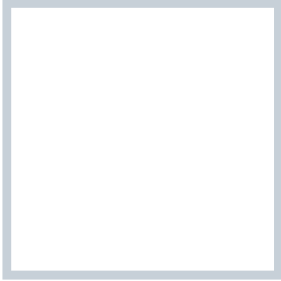
As your child completes each activity or routine, remove the image from the schedule and place it in an envelope or ziploc bag labeled "All Done."

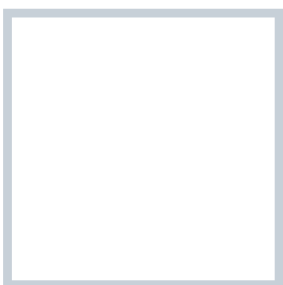
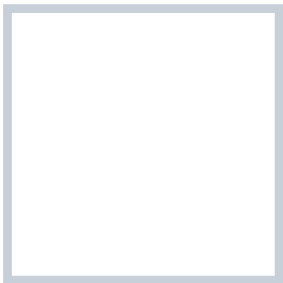
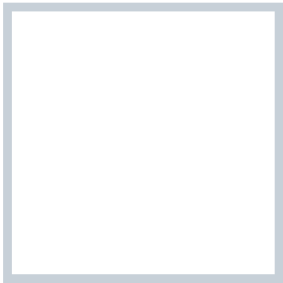
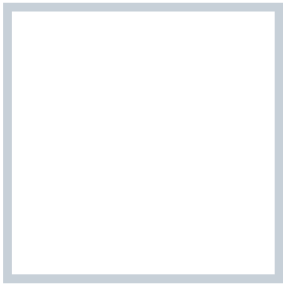
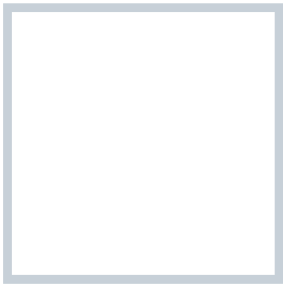


For additional visual support resources, visit the
FBSApp infographics [webpage](#).



My day





Wake up	Eat snack
Brush teeth	Do work
Eat breakfast	Go outside
Brush hair	Take medicine
Get dressed	Watch TV
Play	Time with mom
Go to school	Time with dad
Story	Music
Bedtime	Crafts
Go to therapy	Go to doctor
Go to store	
Eat lunch	
Eat dinner	
Bath	

