



IES Grant #  
R324A160086

# Using a First-Then Visual



Barton Lab

[bartonlabvu@gmail.com](mailto:bartonlabvu@gmail.com)

**First-then visuals are a great tool to use to let your child know your expectations and what is coming next. Follow the steps below to create your own first-then board:**

1

**Place a picture of a less preferred routine or activity in the "first" square.**

2

**Place a picture of a preferred routine or activity in the "then" square.**

3

**Cut out the images provided, or use your own!**



**[Click here](#) for more resources on visual schedules and preventing challenging behavior.**



# **First**

# **Then**

**Place picture of a less preferred activity your child should do first.**



**Place picture of a preferred activity your child can do next.**

# First

# Next

# Then



Place picture of a less preferred activity your child should do first.

Place picture of another less preferred activity your child should do next.

Place picture of a highly preferred activity your child can do once they finish the first two.



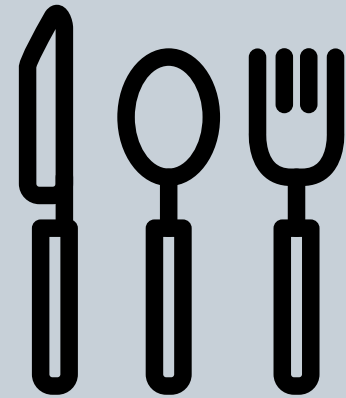
Use this visual only after your child has learned a first-then visual and is able to complete multi-step directions



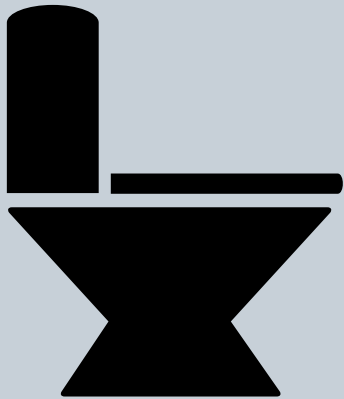
**Work**



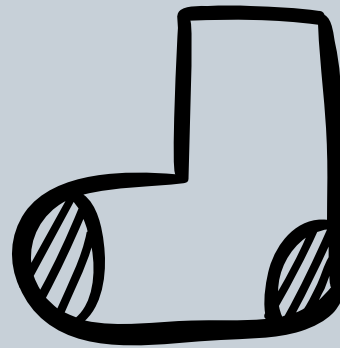
**Bath**



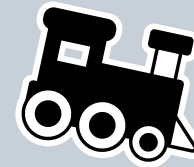
**Eat**



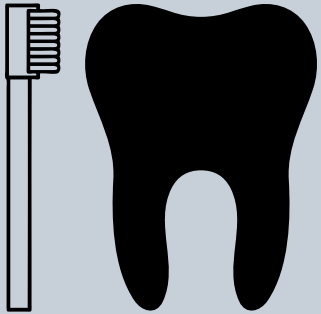
**Bathroom**



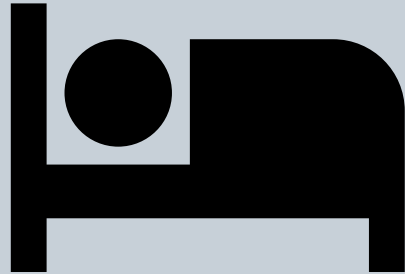
**Get  
dressed**



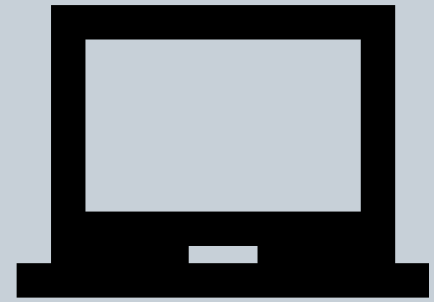
**Clean up**



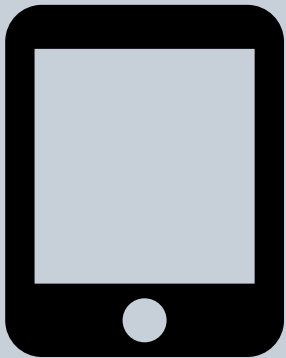
**Brush  
teeth**



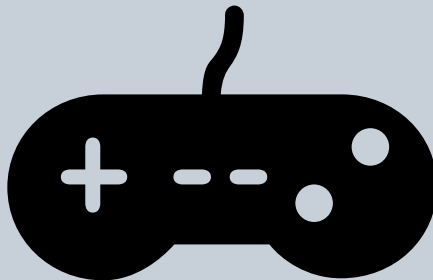
**Nap**



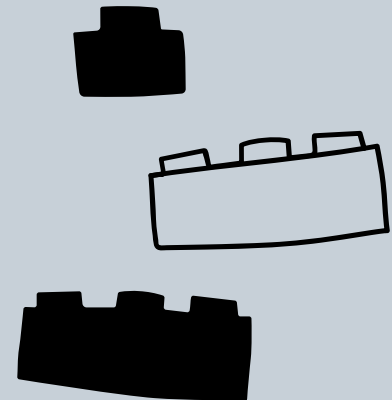
**Computer**



**iPad**



**Game**



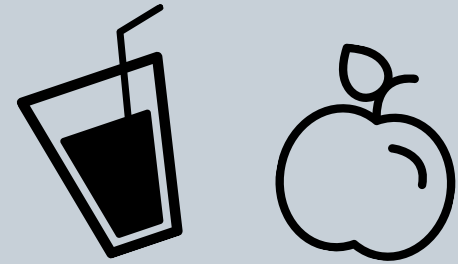
**Play**



**Music**



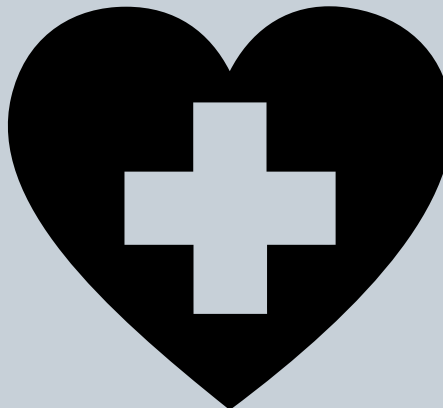
**TV**



**Snack**



**School**



**Doctor**



**Store**