



IES Grant #
R324A160086

New Response Strategy

Avoid Attending



Barton Lab

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Remove your visual and verbal attention by looking in another direction and only speaking to your child if necessary.

Stay near your child to ensure they remain safe. Remove harmful items from the surrounding area, if possible.

Provide lots of positive feedback if your child asks for your attention!

When you notice your child not engaging in challenging behavior (even for a second) provide positive feedback and encouragement



Click [here](#) for more self-care strategies.

Use strategies to stay calm like counting or taking deep breaths. Avoid reacting to your child's behavior with frustration or anger.

Block harmful behavior if you need to, but remember to keep your attention to a minimum during this time.

"Thank you for calming down! Are you ready to talk?"

For more information on responding to your child's challenging behavior, click [here](#).

